

Preventing or Reducing Opioid Abuse and Overdose: Selected Resources

Compiled by SAMHSA's Center for the Application of Prevention Technologies, this document includes a mix of tools developed by both Federal organizations and state prevention systems to support state-level planners in preventing or reducing heroin and other opioid abuse and its consequences. It was originally developed for practitioners working in the Northeast region of the U.S., but has relevance for practitioners throughout the country.

OPIOID-SPECIFIC RESOURCES

TYPE OF RESOURCE	DESCRIPTION OF RESOURCE	ORGANIZATION THAT DEVELOPED RESOURCE	LINK
Toolkit	This toolkit is designed to equip communities and local governments with material to develop policies and practices to help prevent opioid-related overdoses and deaths. The toolkit also addresses issues for first responders, treatment providers, and those recovering from opioid overdose.	Substance Abuse and Mental Health Services Administration	http://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/SMA13-4742
State Prevention Plan	The goal of the Maryland Opioid Overdose Prevention Plan is to reduce unintentional, life-threatening poisonings related to the ingestion of opioids, including both illicit opioid drugs (i.e., heroin) and pharmaceutical opioid analgesics. The plan encompasses efforts to reduce poisonings related to the ingestion of opioids alone or in combination with other substances, as well as both fatal and non-fatal poisonings. The term "overdose" is used to describe poisonings that meet these criteria.	Maryland Department of Health and Mental Hygiene	http://bha.dhmh.maryland.gov/OVERDOSE_PREVENTION/Documents/MarylandOpioidOverdosePreventionPlan2013%20(4).pdf

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Guidance Document	Using a collaborative approach, stakeholders in Northern Kentucky developed this response to the heroin epidemic in their area, intended to serve as a blueprint for communities across Kentucky.	Kentucky Agency for Substance Abuse Policy – Northern Kentucky Board	http://drugfreeky.org/wp-content/uploads/2013/11/Northern-Kentuckys-Collective-Response-Final-and-Updated-March-2014.pdf
Research Brief	This brief explores current heroin use and overdose statistics, as well as strategies that states and other entities can implement to respond to the epidemic.	Centers for Disease Control and Prevention	http://www.cdc.gov/vitalsigns/pdf/2015-07-vitalsigns.pdf

GENERAL RESOURCES ON PRESCRIPTION DRUG MISUSE AND ABUSE

TYPE OF RESOURCE	DESCRIPTION OF RESOURCE	ORGANIZATION THAT DEVELOPED RESOURCE	LINK
Report	This report provides policymakers, public health officials and experts, partners from a range of sectors, and private and public organizations with an overview of the current status of prescription drug abuse, including promising recommendations for addressing this critical public health concern.	Trust for America's Health	http://healthyamericans.org/reports/drugabuse2013/
Report	This Prescription Drug Abuse Prevention Plan includes descriptions of four main strategies to reduce prescription drug abuse: education, monitoring, proper disposal, and enforcement.	The White House	https://www.whitehouse.gov/sites/default/files/ondcp/issues-content/prescription-drugs/rx_abuse_plan.pdf
Webinar (Archived)	This webinar examined current research on the non-medical use of prescription drugs, as well as implications for the implementation of evidence-based strategies.	SAMHSA's Center for the Application of Prevention Technologies	https://edc.adobeconnect.com/_a1002235226/p51jggmne30/?launcher=false&fcsContent=true&pbMode=normal

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Online Strategic Planning Tool	This tool provides specific guidance for applying SAMHSA's Strategic Prevention Framework to the prevention of prescription drug abuse.	Massachusetts Technical Assistance Partnership for Prevention	http://masstapp.edc.org/prevention-planning
Website	This site provides partners' training and best practices on the use of prescription drug monitoring programs.	Prescription Drug Monitoring Program Center for Excellence	http://www.pdmpexcellence.org/
Resource list	This web page provides links to information for public health practitioners and their legal counsel on various state laws regarding prescription drug misuse and abuse.	Centers for Disease Control and Prevention	http://www.cdc.gov/phlp/publications/topic/prescription.html